



**Sagar
Hospitals®**

With You. For Life.

Sagar Brain & Spine Institute

*delivers innovative,
integrated and individualized
care to both adult and
paediatric patients with
diseases affecting the
nervous system.*

Sagar Brain & Spine Institute is Bangalore region's first designated private neurological institute and the only Neuroscience Center of Excellence providing state-of-the-art care to both adult and paediatric patients with diseases affecting the nervous system.

Our multidisciplinary team of neurosurgeons and neurological specialists provide a full spectrum of services, including diagnosis and treatment of brain tumors, epilepsy, strokes, spine and pain disorders, Parkinson's, Alzheimer's and more.

Leading experts in neurology, neurosurgery, neuroradiology and other specialties collaborate to devise customised care plans using the latest clinical advances and cutting-edge technologies through it's specialised clinics.

Comprehensive Brain & Spine Care

- + Brain & Spine Surgery
- + Comprehensive Neurological Care
- + Advanced Stroke Care
- + Neurovascular Lab Services
- + Movement Disorders & DBS
- + Epilepsy Surgery
- + Neuro Rehabilitation
- + Head Injury & Poly Trauma





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Sagar Heart & Vascular Institute

*with the new state-of-the-art
facilities and infrastructure,
offers comprehensive tertiary
24x7 cardiac care.*

Sagar Heart & Vascular Institute is backed by the latest innovations in the field, our team of dedicated professionals are equipped to diagnose and treat even the most complex cardiac conditions in a holistic, yet affordable manner while catering to cardiac emergencies too.

The Institute performs complex adult and paediatric cardiac surgeries of all spectrums including Ventricular Assist Devices (VADs), heart transplants and heart failure surgeries with results comparable to the best hospitals in the world.

Our infrastructure include completely automated, integrated flow injector | Fully digital, DICOM images analysis & transfer | Intra-aortic balloon pump | 128-slice CT scanner | Latest MRI capable of cardiac evaluation | Advanced Sequoia 512 Echocardiography | Schiller advanced TMT machine | Advanced 12-Channel ECG | Facilities for External Loop Recording and implantable Loop Recorder | Fully equipped and sensitized Emergency Care | 24/7 Fully equipped ambulatory services | 24/7 Emergency and ICU Care.



Comprehensive Cardiac Care

- + Cardiac Catheterization - Angiogram, Angioplasty, Stenting, Valvuloplasty, Pacemaker, Device Closure
- + Stress ECG, Myocardial Perfusion Scan
- + Colour Doppler Echocardiography, TEE
- + Electrophysiology- RF Ablation, EP studies
- + Heart Failure Devices
- + Holter Monitoring
- + Open Heart Surgery
- + Minimal Invasive Heart Surgery
- + Thoracic Surgery
- + Vascular Surgery
- + Cardiac Rehab & More...



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Sagar Bone and Joint Institute

*provides optimal evidence
based care to patients
at all times.*

The institute has an exceptional team of doctors comprising orthopaedic surgeons, arthroscopy surgeons, arthroplasty surgeons, sports medicine specialists, hand and microvascular surgeon, trauma surgeon who have experience and expertise to handle all orthopaedic emergencies and complex cases by following international treatment protocols to ensure optimal evidence based care to patients at all times.

We specialise in a technique using telescopic rod fixation for badly deformed femur with gross shortening.

1. Ilizarov technique for correction of complex deformities of lower limbs in limb lengthening procedures and infected nonunions.
2. Masquelet technique for infected non union with bone loss.
3. MIPPO — Minimally invasive plating fractured of shaft of humerus.

Other areas of excellence are simultaneous bilateral knee arthroplasty, minimally invasive arthroplasty, all major joint replacement like knee, hip, shoulders, elbow and ankle.



Comprehensive Bone & Joint Care

- + Knee Replacement
- + Hip Replacement
- + Shoulder Replacement
- + Key Hole Surgeries
- + Sports Injury Clinic
- + Physiotherapy & More...



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Urology and Nephrology Department

*understands the need
to bring comfort and solace
to our patients by providing
them with the best treatment.*

Urology is the surgical specialty that focuses on the urinary tracts of males and females, and on the reproductive system of males. We are well equipped with sophisticated lasers like Green Light Laser and Holmium Laser for enlarged prostate, painless shockwave therapy (Lithotripsy) for kidney stones and advanced laparoscopic equipments to perform complicated kidney transplantation with precision.

The surgical procedures of Urology involve many organs and physiological systems, and can be broken down into subfields in procedures. The subfields are: Endourology | Laparoscopy | Neurourology | Pediatric Urology | Andrology | Female Urology | Reconstructive Urology

At Sagar Hospitals, our team of specialists includes Urologists, Nephrologists and Transplant Surgeons offer a range of diagnostic tools and treatment options providing services as follow:

- + Complete female urology services
- + Detection and treatment of kidney, testicular and prostate cancer
- + Kidney transplants
- + Male infertility treatment
- + Male sexual dysfunction (erectile dysfunction or impotence)
- + Paediatric and reconstructive urology
- + Penoplasty, enlargement and lengthening of the penis
- + Prostate enlargement treatment
- + Sexual reassignment surgery
- + Treatment of stones in the urinary tract and bladder, including non-surgical procedures
- + Urologic oncology and cancer surgery, including Vasectomy and vasectomy reversal
- + Voiding disorders for males and females of all ages



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Emergency & Acute Care Department

*provides the best modern day
emergency services available
round-the-clock.*



The golden hour is considered to be critical. It is the time between the occurrence of trauma and medical help. In such situations, the Emergency & Acute Care department reaffirms the faith of people who seek timely assistance. Attending to critical emergency cases within 3 minutes of their arrival is their promise, at par with world standards.

Cardiac Care
Stroke Care
Emergency Services

24/7





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Gastroenterology & Hepatology Department

*aims to enhance patient
experience by providing
compassionate, competent,
professional clinical care through
expert physicians.*

The department of gastroenterology and hepatology is dedicated to manage and treat patients with gastrointestinal and liver diseases including the diseases of the pancreas and biliary system. It provides patient care in a multidisciplinary environment with comprehensive medical and surgical care at par with the latest standards and techniques used across the world.

The department has highly trained experts to handle paediatric patients with gastrointestinal and liver disorders.

Areas of Expertise Include:

Gastrointestinal diseases including inflammatory bowel disease, irritable bowel syndrome, liver diseases, motility disorders, pancreatic and biliary diseases, colon cancer, oesophageal and gastric diseases, small intestinal disease, diarrheal malabsorption disorders and nutritional sciences.

Comprehensive Abdominal Care

All diagnostic and therapeutic GI procedures are as follows;

- + Colonoscopy
- + Upper Endoscopy
- + Capsule (pill camera) Endoscopy
- + Pancreas and Biliary Endoscopy including Endoscopic Ultrasound and ERCP
- + Liver Biopsy
- + Esophageal and Anorectal Manometry
- + Minimal Invasive Surgeries including Cancer
- + Bariatric Surgeries & More...





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Obstetrics & Gynaecology Department

*takes pride in it's
comprehensive service line
with well-qualified,
board-certified Obstetricians
and Gynaecologists.*

Women epitomize care and love. Therefore compassion and care have been the hallmarks of this department following the motto of visionary Dr. Chandramma Sagar. Comprehensive Gynaecological services address the healthcare needs of women.

Sagar Hospitals was the first hospital to introduce the concept of birthing suites in city of Bangalore way back in the early 2000s. Continuing the legacy of visionary Dr. Chandramma Sagar the department is well-knitted to handle any kind of emergency including high-risk pregnancies as the hospital doctors from all other specialities are available round the clock.

The department offers obstetrics and gynaecology care for women of all ages. Whether you're scheduling your first gynaecology appointment or seeking post-menopausal care, our experienced providers work to make you feel comfortable and answer all of your questions.



Complete Women Health Care

- + Birth control needs
- + Endometriosis
- + Female sexual disorders
- + Fibroids
- + General gynaecologic conditions and pelvic pain
- + Gynaecologic cancers
- + Heavy bleeding
- + Infertility
- + Incontinence, bladder control and pelvic floor disorders
- + Issues with menstrual cycle
- + Menopause and perimenopause
- + Ovarian cysts and Polycystic ovary syndrome
- + Polyps
- + Pregnancy and high-risk pregnancies
- + Sexually transmitted diseases
- + Uterine fibroids & More...



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Paediatrics & Neonatology Department

*provides comprehensive care
to newborns, infants and
children.*

Newborns, especially ill or premature babies, need utmost care and our board-certified neonatologists manage all kinds of emergencies. The general paediatricians cover all aspects of child's growing up whether it's monitoring growth or vaccination or treating general diseases to the specific ones.

The department is well-equipped with state-of-the-art NICU and PICU with round-the-clock availability of doctors, and monitoring by paediatricians, neonatologists, specially trained nurses and intensivists.



Comprehensive Child Care

- + Food Allergies, Cold, Cough, Fever, Skin Infections, Asthma, Gastrointestinal disorders, ENT
- + Interventional Cardiology Procedures, EP Studies, minimal invasive surgery for Aortic Valve Replacement, Tetralogy of Fallot, Transposition of Great Vessels, corrective surgery for Congenital Heart Defect, Atrial Septal Defect, Ventricular Septal Defect
- + Brain Development Disorders, Autism, Epilepsy, Learning Disabilities
- + Paediatric Glaucoma, Paediatric Cataract, Infections, Ptosis, Genetic Disorders, Retinopathy of Prematurity
- + Neuromuscular Disorders like cerebral palsy, Bone & Joint infections, Juvenile Rheumatoid Arthritis, Trauma, Spinal Issues, Sports Injuries
- + Congenital Malformations like cleft lip, oesophageal atresia
- + Diagnosis and treatment of blood disorders
- + Growth Disorders



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Diabetes & Endocrinology Center

*provides complete solution
and personalized care under
one roof.*

Sagar Center for Diabetes and Endocrinology provides comprehensive services to people with hormonal disorders such as diabetes. The centre is equipped with highly trained, experienced and dedicated team of doctors, specialised dieticians, and nurse educators. Treatment includes medical care, education, nutrition and weight management. The team focuses on patient care by preventing complications associated with diabetes.

India, incidentally, has over 72 million people who are suffering from Diabetes as of 2017 and the number will double to 134 million by the year 2025. In the city of Bangalore the people who are suffering from this epidemic can access the specialised and advance care from our centre of excellence to manage their chronic condition and recover better. At Sagar Hospitals our aim is to provide the care for healthy ageing and living.

Sagar Center for Diabetes and Endocrinology offers the latest technology regarding insulin pumps, medications and diabetes devices.

Our team

| Internal Medicine Physicians | Endocrinologists |
Trained Diabetologists | Diabetes Nurse Practitioner
| Podiatry Nurse Practitioner | Certified Diabetes
Educator | Clinical Dietician | Registered Nurses |
Pharmacists.



Complete Diabetic Care

- + Diabetes
- + High Cholesterol
- + Hypertension
- + Eating Disorders
- + Hormone Related Problems
- + Thyroid Abnormalities
- + Weight Problems
- + Complete Foot Care
- + Complete Ophthalmology Care & More...



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Department of Plastic & Reconstructive Surgery

*involved in the correction of
form and function of human
body and face.*

Plastic surgery is a surgical medical speciality involved in the correction of form and function. Aesthetic surgery also includes a variety of fields: craniofacial surgery, hand surgery, burn surgery, microsurgery and paediatric surgery.

Aesthetic Plastic Surgery include

- Botox Injections • Collagen Injections
- Fat Injections • Soft Form Facial Implants
- Dermabrasion • Earlobe Repairs
- Liposculpturing • Body Contour Surgeries
- Scar Revisions • Abdominoplasty
- Augmentation Mammoplasty • Mastopexy
- Reduction Mammoplasty • Cheiloplasty
- Gynaecomastia Surgery • Otoplasty
- Blepharoplasty • Rhinoplasty • Face Lift
- Natural Hair Transplantation

Reconstructive Plastic Surgery

- + Wound Management
- + Hand Surgery
- + Congenital Deformities
- + Post-Cancer Reconstruction
- + Other human body disorders & More...





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Internal Medicine Department

offers inpatient and outpatient services for management of patients with common and chronic diseases. The type of clinical services provided includes both primary care & hospital care.

The Department of Medicine stands firmly on the belief that we can, within the same department, achieve excellence in research, clinical care and teaching.

The Department of Medicine is concerned not only about the overall quantity and quality of care, but also increasingly committed to developing specialized programs and advances in the administration of care to improve patient satiety and safety.

Infectious diseases are one of the major concern in this region and department handles a large volume of infectious problems. Among the problems handled are: influenza; hepatitis; mononucleosis; Acquired Immune Deficiency Syndrome (AIDS); tuberculosis, acute febrile patients ,pneumonia; endocarditis; malaria and other tropical diseases. The department has facility for infectious patients needing isolation and ICU care.



Complete Health Care

- + Acute Emergencies Including Toxicology
- + Critical Illness
- + Infection & Sepsis
- + End to Diagnosis Dilemma
- + Best Pre & Post Operative Care
- + Multiple Comorbid Care
- + Geriatric Care
- + Preventive Care & More...



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Skin & Cosmetology Department

provides full medical treatment for diseases of skin, hair and nails through its outpatient and in-patient services.

Dermatology is the branch of medicine dealing with the skin, nails, hair and its diseases. It is a specialty with both medical and surgical aspects. A dermatologist treats diseases, in the widest sense and cosmetic problems of the skin, scalp, hair, and nails. Highly qualified dermatologists provide dermatological care and wellness.

- Dermato Surgery - Laser Surgery, Electrocautery, Electrolysis, Acne Scar Revision, Hair Transplantation, Cryosurgery, Dermabrasion and Skin Resurfacing, Nail Surgery
- Vitiligo Surgery - Full Body, Hand and Foot Phototherapy Unit, Micropunch, Grafting and Tattooing, Blister Grafting
- Psoriasis Therapy - Full Body, Hand and foot UVA and Narrow Band UV Phototherapy Unit
- Pharmacotherapy

Complete Skin Care

Comprehensive Treatment for:

- + Pimples
- + Pigmentation / Dark Spots
- + Scars
- + Rashes
- + Itching Disorders /Eczema
- + Hair Loss
- + Skin Infections and Boils
- + Prickly Heat & More...





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ENT Department

is involved in the diagnosis and treatment of infections, diseases, and tumors of the ears, nose, throat, mouth, head, and neck.

The department is equipped with the latest Ergomed Special Treatment Unit, replete with advanced embedded software electronics with integrated facilities for endoscopy, diagnostic microscopy, video-otoscopy, enthermo irrigation and cauterization that is a boon for the patients. An advanced research-audiometer GSI 61 is also available at Sagar Hospitals.

Endoscopic Sinus Surgeries and Middle Ear Reconstructions as well as the entire array of ENT, Head and Neck surgeries including Oncosurgery will be offered in this futuristic set-up. State-of-the-art facilities are available for pure tone and impedance audiometry.



Comprehensive ENT Care

- + Cochlear Implant
- + Aural Irrigation
- + Antral Irrigation
- + Electro-cauterization
- + Tonsillectomy
- + Ear Surgeries
- + Functional Endoscopic Sinus Surgery (FESS) & More...



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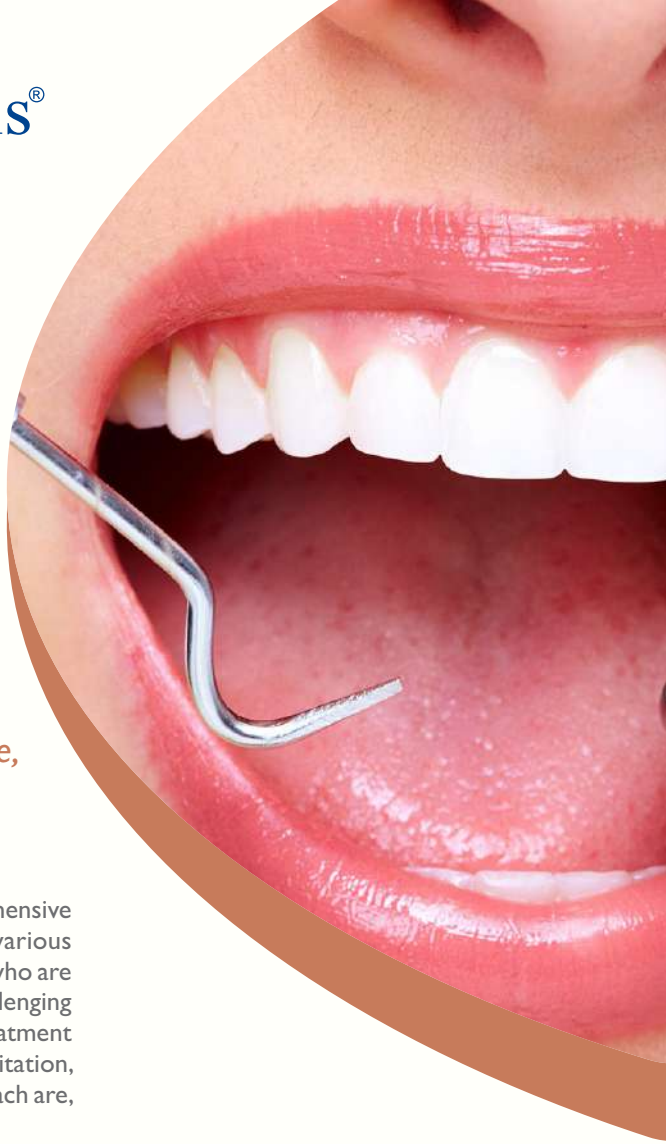
Department of Dental Sciences & Maxillofacial Surgery

offers treatment procedures involving preventive, restorative, aesthetic, regenerative and replacement therapies.

The department consists of a comprehensive team of consultants belonging to various specializations in the field of dentistry who are capable of undertaking all types of challenging and latest treatment procedures. Treatment procedures for total mouth rehabilitation, which involves multi-disciplinary approach are, also performed successfully.

Our facilities include:

- Orthodontic corrections of malaligned teeth
- Smile enhancement procedures such as:
- Bleaching of discolored teeth
- Restore fractured, chopped and worn out teeth
- Use of ceramic laminate veneers to mask discoloration, close gaps between teeth, alter shapes and sizes of teeth and minor alignment of teeth



Comprehensive Dental Care

- + Cosmetic Dentistry
- + Restorative Dentistry
- + Laser Dentistry
- + Geriatric Dentistry
- + Paediatric Dentistry & More...



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Preventive Healthcare Department

*aims at screening and keeping
people informed of their
predictive health conditions.*

Medical advancements have contributed to longer years of living, which means a series of health issues must be dealt with from time to time to live quality life as we get older.

Most people don't think twice about a visit to their doctor when sick. But many don't understand the necessity and benefits of preventive care. This is more often the case for younger people. Without preventive care, chronic diseases will cost more and cause more damage to those who have these conditions.

We believe thorough periodic exams are valuable in the prevention and management of medical problems. We offer physical exams for patients ages infancy through the senior years. From general to very specific health checks are designed for patients to choose from. In addition, the department can customise the Preventive Health Check upon request of the patient or the doctor.



Comprehensive Health Care

- + Sagar Executive Health Check
- + Sagar Master Health Check
- + Sagar Diabetic Health Check
- + Sagar Cardiac Health Check
- + Sagar Preventive Health Check (Women)
- + Sagar Paediatric Health Check
- + Sagar Paediatric Health Check
- + Sagar Pre Marital Health Check (Male)
- + Sagar Pre Employment Health Check & More...



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General Surgery Department

with its highly dedicated surgical staff combined with a clean, comfortable environment and outstanding nursing care, is a top choice for surgical procedures for many people along Bangalore region and the whole of Karnataka.

At Sagar Hospitals, General Surgeons have specialized skills and training in the diagnosis and management of many diseases and disorders. Because of this broad knowledge, general surgeons are often called upon by subspecialists to assist in the comprehensive care of an injured patient or for the complete care of critically ill patients in the emergency room and intensive care units. Expert treatment from general surgeons to treat a wide range of diseases and medical problems. Our surgeons specialize in laparoscopic techniques - minimally invasive approaches that use smaller incisions than traditional surgery and are associated with shorter hospital stays, less pain and quicker recovery. Department also has modern equipments including harmonic scalpel, enceal for effective easy and fast surgery.



Comprehensive Surgical Care

- + Laparoscopic Gallbladder, Appendix Removal
- + Laparoscopic Hernia Repair (Inguinal, Ventral & Umbilical)
- + Advanced Laparoscopic & Minimal Access Surgery
- + Bariatric & Metabolic Surgery
- + ONCO Surgery
- + Liver & Pancreatic Surgery
- + Both Emergency & Elective Surgery
- + Thyroidectomy | Parotidectomy | Breast Surgery
- + Piles, Fistula - Day Care Procedure & More...



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Ophthalmology Department

provides state-of-the-art care for all facets and stages of eye conditions. We use the latest techniques and therapies to administer routine eye examinations.

Ophthalmology is the branch of medicine that deals with the anatomy, physiology and diseases of the eye. An ophthalmologist is a specialist in medical and surgical eye problems. Ophthalmology includes sub-specialities which deal either with certain diseases or diseases of certain parts of the eye.

Some of them are:

- Cornea, Ocular Surface and External Disease
- Glaucoma

Medical Retina deals with treatment of retinal problems through non-surgical means

- Neuro-Ophthalmology
- Ocular Oncology
- Ophthalmic Pathology
- Refractive Surgery
- Uveitis

Comprehensive Eye Care

- + Comprehensive Eye Exams
- + Presbyopia Diagnosis and Treatment
- + Dry Eye Disease and Treatment
- + Management of Ocular Diseases
- + Eye Emergencies (Pink/Red Eyes) & More...



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Psychology Department

offers comprehensive psychiatric assessments for all age groups, management of common and enduring mental illnesses with a multi-specialty team-based approach and specialist services such as Neuropsychiatry, Addiction Medicine, Memory Clinics, Liaison and Child Psychiatry.

'Mind' is perhaps the most powerful and fascinating organ of every individual. Anything and everything we think, feel, process and plan in daily life is anchored by our mind. Any significant distress in the mind can lead to disorders which can be very disabling to the individual and their families. Fortunately, many mental health disorders can be treated or kept under control with various pharmacological and psycho social interventions to enable the subjects to function efficiently.

Our Services include:

Psychological Assessment | Intelligence (IQ) | Neuropsychological / Cognitive | Memory | Learning Difficulty and Disability | Personality | Diagnostic Evaluation | Psychotherapy | Behavior Therapy | Family Therapy | Marital Therapy | Cognitive Behavior Therapy | Counseling and Coaching



Comprehensive Psychological Care

- + De-addiction Services
- + Obsessive Compulsive Disorder Clinic
- + Schizophrenia Clinic
- + Perinatal Psychiatry Clinic
- + Tobacco Cessation Clinic
- + Metabolic Clinic & More...



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Radiology & Diagnostics Department

provides simple solutions for complex connections and are committed to people, committed to the future.

Modern technology gives doctors a plethora of options when it comes to diagnosing a patient's condition. Some techniques are invasive, others exploratory while most others are minimally or non-invasive. Diagnostic radiology exercises methods that utilize non-invasive techniques to identify and monitor certain diseases.

Diagnostic radiology is used to identify a whole range of medical problems. To name a few, broken bones, heart conditions, blood clots, and gastrointestinal conditions are identified by diagnostic imaging.

In addition to identifying problems, doctors can use diagnostic radiology to monitor how the human body is responding to a current treatment. Diagnostic radiology can also screen for diseases such as breast cancer and colon cancer.

As for the Interventional radiology, it is a growing speciality of radiology in which both vascular and nonvascular diseases are treated per-cutaneously by minimally invasive approaches using small catheters and catheter based instruments without the need for large surgical incision nor general anaesthesia. The procedures are usually performed under local anaesthesia by means of radiological imaging techniques using X-rays, fluoroscopy, ultrasound or computed Tomography(CT).

These procedures offer a cost-effective alternative to certain conventional medical and surgical treatments in some clinical disorders. The procedures are attended with less risk and decrease hospitalization time. Frequently interventional procedures are the only viable therapeutic option for critically ill patients unable to tolerate a surgical procedure.



Our Diagnostic Facilities

- + 1.5T MRI with advanced Gradients
- + 128 Slice Multi-Detector CT scan
- + 3D / 4D Colour Sonography
- + Power Color Doppler Imaging
- + Mammography
- + High Resolution & Fast Digital X-ray
- + PACS with Diagnostic Workstations
- + Interventional Radiology & More...



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Department of Lab Medicine

has high-tech equipments for accurate results providing every day, every moment, extraordinary care.

Laboratory Medicine at Sagar Hospitals is one of the most efficient laboratory medicine setups in the country. Across all our hospitals we have well equipped state-of-the-art auto analyzers with lab interfacing and integrated system for analysis of patient's samples. We have a multitude of specialty departments catering to both routine and special diagnostic requirements of the hospital namely:

- Biochemistry
- Haematology
- Histopathology
- Metabolic
- Microbiology/Serology
- Molecular Genetics

At Sagar Hospitals, we strive to deliver high-quality and affordable laboratory diagnostic and consultative services that are crucial to outstanding patient care. The labs are NABL accredited.



Comprehensive Laboratory Support

- + NABL Accredited
- + US FDA & CE Approved Equipments
- + Total Automation & End to End Interfaced
- + Wide Range of Specialized Test Menu
- + 24X7 Service
- + Performance Excellence in International Quality Assurance Programs
- + Trusted by All for Quality, Accuracy & Precision & More...



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Department of Intensive Care

The units at Sagar Hospitals are manned by a highly trained team of specialists, nurses and other medical professionals.



- Neonatal Intensive Care Units (NICU) provide specialist care to premature and sick new-borns. The NICU is used in cases such as Premature birth | Extremely low birth weight | Major birth defects | Neonatal jaundice | Infant respiratory distress syndrome
- Paediatric Intensive Care Units (PICU) is designed for close observation and care of critically ill children and adolescents. The PICU is used in cases of Severe infections | Trauma | After extensive surgery | Poisoning | Immunological disorders
- The Medical Intensive Care Unit (MICU) cares for patients with a wide variety of serious medical illnesses. These patients may present with complex, co-morbid conditions from sepsis to pneumonia, acute respiratory distress syndrome to multiple organ failure.
- The Cardiac Intensive Care Unit (CCU) is staffed by a multidisciplinary team of health care providers who work collaboratively to provide high quality care for critically cardiac ill patient population.
- The CTICU medical staff provides daily clinical management for patients requiring ventilator support, sedation, nutrition and monitoring.
- A Neuro-ICU is an intensive care unit devoted to the care of patients with immediately life-threatening neurological problems.

Critical Care Support

- + Cubicle Concept ICU's
- + Highest standards of Care & Infection Control Practices
- + State-of-the-Art Ventilators
- + Central Patient Monitoring system & More...



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Department of Psychiatry

*is dedicated to providing
quality care to people who
experience mental health
problems.*

Personalized treatment programs are moulded to meet the needs of each individual. A team of psychiatrists, psychiatric social workers and clinical psychologists work together to help patients. Patients benefit from the innovation and team philosophy found here.

Objectives:

- To provide the highest quality clinical care
- To provide a nurturing environment for healing
- To facilitate integration of the person into society by training in daily living skills, developing work habits, improving social skills and fostering decision making abilities.
- To minimize disability
- To provide respite care



Complete Psychological Care

- + Teenage Depression Management
- + Adolescent Counseling
- + Depression Clinic
- + Psychiatric Counseling & More...



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Department of Rheumatology

provides compassionate care and service to all patients seeking Bone, Muscle and Joint Care. Our dedicated team of doctors' work together to create personalized treatment care plans for Rheumatic Diseases.

Joints: Disease of joints is called ARTHRITIS (which in turn are of many varieties)

Blood Vessels: Diseases of blood vessels are called VASCULITIS (and since blood vessels are ubiquitous in the body, any organ like the brain, heart, lungs, kidneys, gut, skin joint, muscle, etc can be affected)

Muscles: Disease affecting muscles is called MYOSITIS

Skin: Disease affecting the skin is called Systemic SCLEROSIS

Eyes: Disease affecting part of the eyes is called UVEITIS

Kidney: Disease of the kidney is collectively called NEPHRITIS

Soft Tissue Rheumatism: A group of conditions which are not included in the above but which can cause tremendous pain over the entire body called FIBROMYALGIA which is fairly commonly.

Chronic Fatigue Syndrome: A rarer condition in our country, the disorder causes pain at the insertion of muscles, tendons called ENTHESOPATHY or TENDINITIS respectively

Tenosynovitis: Inflammation around tendons and ligaments called TENOSYNOVITIS which can manifest as CARPAL TUNNEL SYNDROME or TRIGGER FINGERS

SLE (Systemic Lupus Erythematosus): A chronic generalized inflammatory condition which is characterized by fever and affecting all or any combination of organs mentioned above. This condition is diagnosed by the presence of typical antibodies in the blood called ANA antibodies.



Complete Bone, Muscle & Joint Care

- + Occupational Therapy
- + Physiotherapy and Rehabilitation
- + Tendon Repair Surgery
- + Medical Management of Chronic Conditions & More...



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Department of Medical & Surgical Oncology

*is committed to providing
diagnosis and treatment, either
medical or surgical, to those
patients who are suffering from
cancer.*

A cancer diagnosis is one of the most difficult things one has ever have to deal with. Family members grieve, worries of future run through the mind. Our patients shouldn't have to feel alone. Together with their family and friends, we're here. Patient personal care is our focus, every step of the way.

Our care team diagnoses and treats diverse range of cancers every day with the latest technology and techniques. We want to bring this quality experience to our patients.

Patient treatment plan is customised to each individual patient taking into account the shape, size and location of the tumour. How long the treatment will take also depends on the type and location of the tumour.

The commonest cancers encountered are those involving the Head and Neck areas, (including Thyroid and Salivary Gland tumors), Breast Cancer, female genital tract malignancies, Gastrointestinal (Digestive) tract cancers, especially those affecting the stomach, esophagus, colon and rectum, and musculoskeletal tumors. The department provides a thorough surgical care, starting with establishing the diagnosis, through comprehensive staging of the tumor; oncological sound surgery and a high standard of post operative care.

Comprehensive Cancer Care

- + Chemotherapy
- + Oncosurgery
- + Immunotherapy
- + Hormone Therapy & More...